

August 18, 2014

**NORTHISLE ANNOUNCES THE START OF DRILLING
2014 Drilling to test the NW Extension of Hushamu Deposit**

Vancouver, B.C. – Northisle Copper and Gold Inc. (“**Northisle**” or the “**Company**”) is pleased to announce that drilling at the Company’s 100% owned North Island Copper-Gold Project on Vancouver Island in British Columbia has started.

2014 Exploration Plans

With the successful completion of a private placement in July 2014 (see July 7, 2014 news release) exploration plans for 2014 include the drilling of an untested Induced Polarization anomaly extending for 1.5km from the deposit to the northwest. Grade contours and faulting in core suggests the northern half of the deposit displaced to the NW in the area of the IP anomaly, although there is no assurance that such mineralization will be found.

Financial Public Relations Service Agreement

Northisle has engaged Mr. Reg Advocaat to provide investor relations and capital markets advisory services. Mr. Advocaat has spent the past 20 years working with various public companies in the roles of Financial Public Relations and Corporate Development and was previously engaged by Northisle from February 2013 to August 2013. He will assist with the creation and implementation of Northisle’s investor relation plan while introducing Northisle to private investors, analysts, brokers, and other financial professionals. The agreement with Mr. Advocaat is subject to TSX Venture Exchange approval.

Mr. Advocaat has been engaged on a month-by-month basis at a monthly fee of \$5,000 and will be granted a stock option to purchase up to 250,000 common shares of Northisle for a period of five years at a price of \$0.05 per share. The options will vest over two years in accordance with the Company’s stock option plan and the policies of the TSX Venture Exchange.

The North Island Copper-Gold Project

The North Island Copper-Gold Project is situated approximately 15-40 kilometres southwest of Port Hardy and contains the Hushamu Deposit and five other partially explored copper-gold porphyry occurrences. The Company has a current resource estimate of the Hushamu Deposit which has been filed on Sedar (see also May 21, 2014 news release). The project is 100% owned by Northisle.

For more information on Northisle and the Hushamu Deposit please visit the Company’s website at www.Northisle.ca.

On behalf of Northisle Copper and Gold Inc.

“John McClintock”

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Neither the TSX Venture Exchange nor its Regulation Services Provider (as that term is defined in the policies of the TSX Venture Exchange) accepts responsibility for the adequacy or accuracy of this news release.

This news release contains forward-looking statements. These forward-looking statements are based upon the reasonable beliefs of Northisle and its management as of the date of this news release; however, forward-looking statements involve risks and uncertainties and are based upon factors that may change and assumptions that may prove, with the passage of time, to be incorrect as a result of exploration and other risk factors associated with mineral exploration and development that are beyond the control of Northisle. Accordingly, undue reliance should not be placed upon such statements. If factors materially change or assumptions are materially incorrect, the actual results, performance or achievements of Northisle may be materially different from any future results, performances or achievements expressed or implied by such forward-looking statements. Northisle does not undertake any obligation to update or revise any forward-looking statements to reflect new information, future events or otherwise, except as required by applicable law.