

NEWS RELEASE

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TSX Venture Exchange symbol: **NCX**

NORTHISLE ANNOUNCES START OF AN INDUCED POLARIZATION SURVEY ON ITS ISLAND COPPER GOLD PROJECT

VANCOUVER, B.C. Northisle Copper and Gold Inc. ("**Northisle**" or the "**Company**") is pleased to announce a 75 km Induced Polarization, "IP" survey is underway on its Island Copper Gold Project located approximately 15 to 40 km southwest of Port Hardy British Columbia. The survey will initially focus on exploring for areas of potential porphyry copper mineralization immediately northwest of the Hushamu Deposit. This is a 4 by 2 km area of limited bed rock exposures containing a series of previously untested magnetic and copper-in-soil anomalies.

Drill Program Update

Drilling designed to test for southern and southeastern extensions of the Hushamu deposit is ongoing. Results from the drill holes on the southern and southeastern side of the deposit will be released once all assays have been received. Upon completion of the drilling on the southern side of the deposit, the drill will be moved to the northern side of the deposit to test for extensions of the mineralization in this area.

About Northisle

Northisle is a Vancouver based junior resource company committed to the exploration and development of the Island Copper-Gold Project on Northern Vancouver Island. The Island Copper-Gold Project is situated approximately 15-40 kilometres southwest of Port Hardy and contains the Hushamu Deposit and five other partially explored copper-gold porphyry occurrences. A \$1.5 million exploration program at the Island Copper-Gold Project was initiated in August 2011.

For more information on Northisle and the Hushamu Deposit please visit the Company's website at www.Northisle.ca.

On behalf of Northisle Copper and Gold Inc.

"John McClintock"

John McClintock
President, CEO and Director
info@northisle.ca
www.northisle.ca

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This news release contains forward-looking statements. These forward-looking statements are based upon the reasonable beliefs of Northisle and its management as of the date of this news release; however, forward-looking statements involve risks and uncertainties and are based upon factors that may change and assumptions that may prove, with the passage of time, to be incorrect as a result of exploration and other risk factors associated with mineral exploration and development that are beyond the control of Northisle. Accordingly, undue reliance should not be placed upon such statements. If factors materially change or assumptions are materially incorrect, the actual results, performance or achievements of Northisle may be materially different from any future results, performances or achievements expressed or

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