

## NEWS RELEASE

November 29, 2012

TSX Venture Exchange symbol: **NCX**

### **NORTHISLE APPOINTS NEW DIRECTOR**

#### Options Granted

Vancouver, B.C. – Northisle Copper and Gold Inc. Inc. (“**Northisle**” or the “**Company**”) is pleased to announce the appointment of Larry Okada to the Board of Directors.

Mr. Okada is a professional accountant in Canada and Washington State with over 35 years’ experience providing financial management services to publicly traded companies, with emphasis on junior mineral exploration companies. He holds a B.A. in Economics and was formerly with PricewaterhouseCoopers LLP and Staley, Okada and Partners. Larry is a member of the Canadian Institute of Chartered Accountants and the Washington State CPA Society. Larry will act as Chairman of Northisle’s audit committee replacing Dr. Robert Gayton who has resigned from the Board. The Company wishes to thank Dr. Gayton for his dedication to the board during the company’s initial growth phase following last year’s plan of arrangement. Dr. Gayton will remain an adviser to the Company.

#### **Options Granted**

The Company has approved the granting of stock options to directors, officers and consultants for the purchase of 730,000 common shares of the Company. The options will vest over a two-year period, with one-third vested on issue, one-third on the first anniversary date and one-third on the second anniversary date. These options have a five-year term and allow the holder to purchase one common share of the company for \$0.17 cents a share until November 30, 2017.

#### **About Northisle**

Northisle is a Vancouver based junior resource company committed to the exploration and development of the North Island Project on Northern Vancouver Island. The North Island Project is situated approximately 15-40 kilometres southwest of Port Hardy and contains the Hushamu Deposit and five other partially explored copper-gold porphyry occurrences. The Company recently announced a 43-101 compliant resources estimate on the Hushamu Deposit which has been filed on Sedar. The project is 100% owned by Northisle.

For more information on Northisle and the Hushamu Deposit please visit the Company’s website at [www.Northisle.ca](http://www.Northisle.ca).

On behalf of Northisle Copper and Gold Inc.

*“John McClintock”*

John McClintock  
President, CEO and Director  
[www.northisle.ca](http://www.northisle.ca)

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This news release contains forward-looking statements. These forward-looking statements are based upon the reasonable beliefs of Northisle and its management as of the date of this news release; however, forward-looking statements involve risks and uncertainties and are based upon factors that may change and assumptions that may prove, with the passage of time, to be incorrect as a result of exploration and other risk factors associated with mineral exploration and development that are beyond the control of Northisle. Accordingly, undue reliance should not be placed upon such statements. If factors materially change or assumptions are materially incorrect, the actual results, performance or achievements of Northisle may be materially different from any future results, performances or achievements expressed or implied by such forward-looking statements. Northisle does not undertake any obligation to update or revise any forward-looking statements to reflect new information, future events or otherwise, except as required by applicable law.