



November 17, 2020

TSX Venture Exchange Symbol: NCX

NORTHISLE ANNOUNCES EXECUTIVE APPOINTMENT

Vancouver, B.C. – Northisle Copper and Gold Inc. (TSX-V: NCX) (“Northisle” or the “Company”) is pleased to announce the appointment of Nicholas Van Dyk as Vice President, Corporate Development and Investor Relations, effective immediately.

Nicholas is a public company executive with over 15 years of experience in corporate development, finance, and investor relations with a focus on the mining industry. He has advised a range of public and private companies on strategic corporate matters, including internal and external growth projects as well as M&A transactions, equity, and debt financings totalling more than \$35 billion. Nicholas currently owns a consulting practice, where he advises public and private companies on corporate development and capital markets issues. Previously, he was Vice President, Investor Relations and Corporate Development at Polaris Materials Corporation prior to its acquisition by a major US construction materials company in 2017. As a member of the executive leadership team at Polaris, he led the successful investor relations function and created significant value for shareholders as a key contributor to corporate strategy, business development, finance, community relations and other matters.

Sam Lee, President & CEO of Northisle commented: “I am thrilled to have Nicholas join the team at Northisle. His proven track record of value creation, strategic thinking and effective communications will be critical to the advancement of Northisle as it moves to accelerate the development of the North Island Project. His recent experience advocating on behalf of an extractive operation on Northern Vancouver Island will be highly valued as we work to create a sustainable copper and gold developer.”

Nicholas Van Dyk added: “I am very excited to be joining the team at Northisle. I have known Sam for over 15 years and his enthusiasm for the North Island Project is infectious. I share his vision for creating a sustainable copper development company with a large resource, tangible upside and an attractive location in a region with well developed infrastructure and a history of mining. I am very impressed with the collective knowledge and experience of the Northisle Board and team and look forward to working closely with them to move the project forward.”

Nicholas started his career in the investment banking division of a Canadian chartered bank and has also worked as an equity research analyst. He is a CFA charterholder and is a member of the CFA Institute, the Canadian Investor Relations Institute and the Institute for Corporate Directors. Nicholas previously earned both a BBA and a BSc from Wilfrid Laurier University, where he graduated with distinction. Nicholas currently contributes his leadership skills to several youth sports organizations including BC Hockey and the North Shore Baseball Association.

In connection with the appointment, the Company has approved the grant of 650,000 stock options. In accordance with the Company’s employee stock option plan, the options will have a 5 year term and will allow the holder to purchase common shares of the Company at a price of \$0.20, which is the closing price of the Company’s shares on the TSX-V on November 16, 2020, the date prior to the grant of options.

About Northisle

Northisle Copper and Gold Inc. is a Vancouver based company whose mission is to become a leading and sustainable mineral resource company for the future. Northisle owns the North Island Project, which is one of the most promising copper and gold porphyry deposits in Canada. The North Island Project is located near Port Hardy, British Columbia on a 33,149-hectare block of mineral titles 100% owned by Northisle stretching 50 kilometres northwest from the now

closed Island Copper Mine operated by BHP Billiton. The Project boasts a large resource base that serves as the basis for the Preliminary Economic Study issued in 2017.

For more information on Northisle please visit the Company's website at www.northisle.ca.

On behalf of Northisle Copper and Gold Inc.

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Cautionary Statements regarding Forward-Looking Information

Certain information in this news release constitutes forward-looking statements under applicable securities law. Any statements that are contained in this news release that are not statements of historical fact may be deemed to be forward-looking statements. Forward-looking statements are often identified by terms such as "may", "should", "anticipate", "expect", "intend" and similar expressions. Forward-looking statements in this news release include, but are not limited to, statements relating to anticipated use of proceeds from the Placement. Forward-looking statements necessarily involve known and unknown risks, including, without limitation, Northisle's ability to implement its business strategies; risks associated with mineral exploration and production; risks associated with general economic conditions; adverse industry events; marketing and transportation costs; loss of markets; volatility of commodity prices; inability to access sufficient capital from internal and external sources, and/or inability to access sufficient capital on favourable terms; industry and government regulation; changes in legislation, income tax and regulatory matters; competition; currency and interest rate fluctuations; and other risks. Readers are cautioned that the foregoing list is not exhaustive.

Readers are further cautioned not to place undue reliance on forward-looking statements as there can be no assurance that the plans, intentions or expectations upon which they are placed will occur. Such information, although considered reasonable by management at the time of preparation, may prove to be incorrect and actual results may differ materially from those anticipated. Forward-looking statements contained in this news release are expressly qualified by this cautionary statement.

The forward-looking statements contained in this news release represent the expectations of management of Northisle as of the date of this news release, and, accordingly, are subject to change after such date. Northisle does not undertake any obligation to update or revise any forward-looking statements, whether as a result of new information, future events or otherwise, except as expressly required by applicable securities law.

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